

ITEMS LIST FOR SHOWERS & HYGIENE

Each Item that is underlined is linked, Click the Link for the Amazon Product

1) Outside of Shower Self Cleaning Products

1. Scrubzz Rinse Free Bath Sponge
2. Shower Wipes
3. Shower Cap
4. Dry Shampoo
5. No Rinse Soap
6. Foam Rinse Free Soap

2) Hygiene/Incontinence Products

1. Adult Diapers
2. Urine Pad
3. Gloves
4. Antibacterial Cream
5. Vaginal Care Cream
6. Disposable Urinal
7. Incontinence Men's Underwear
8. Incontinence Women's Underwear
9. Wipe Warmer
10. Adaptive Clothing (Easier Changing)
11. Bedpan

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3) Caregiving Product Websites

1. Carewell
2. Caregiver Products
3. Medline
4. Amazon

*For more "in depth" help from me on dementia showering, **click here to see the video I did on showering with Teepa Snow.** We roll play out a lot of scenarios with eachother and Teepa spilled all her secrets.*

Hope this all helps!

I picked all of these items very carefully based on feedback from caregivers like you. Some of the links included in this cheatsheet do contain affiliate links,